



Refuge is part of the Youth Ministries at Christ Lutheran. Refuge is for 7th & 8th graders (6th graders are invited to join us in March) from the church, school, and community.

Refuge Bible Studies have been set for fall of 2020. Due to Covid 19 we have a Phase plan that may change times and meeting places. To see details on the Refuge Covid Phase Plan, the current calendar, order T-shirts and to sign up for Refuge please go online to christlamesa.org/refuge.

Here are ways that parents can help support the Jr. High program and other Youth Ministries.

Prayer: We ask you to pray for this ministry, the adult counselors who work with the program and the youth that attend.

Financially: We hope that we are able to have off campus events that usually cost money some time this year, so we thank you in advance for supporting your youth financially. In addition the Youth Center is still looking for donations to continue to maintain and upgrade what the center has to offer. Any gift would be appreciated!

Time: There is need for volunteers. We do have a few spots open for being a counselor. If you are interested you can email or talk to Brandon Heath. We hope to need drivers for some of our special events as well.

Promotion: We know that you maybe speaking into other Jr. High students life from your youth's sports team, neighborhood or extended family. Refuge is a safe place to have fun and learn about the grace only Jesus can give. If you have the chance we encourage both you and your youth to invite them to attend. All are welcome!

Please fill out the parent form and let us know how you can help.

If there are any questions please call Brandon Heath at 619-462-5211 x129 or email at bheath@christlamesa.org

Here are some guidelines to follow in order to make our meeting and events orderly, fun, and positive experiences.

- Youth need to wear a mask that covers their mouth and nose during Refuge Covid Phase's 2 and 3.
- Youth should wear casual clothing and be ready for active events.
- Youth are expected to participate in all activities. Youth are expected to show respect for adult leaders and chaperones.
- Youth should arrive and be picked up on time.
- Youth are expected to show Christian concern and behavior for others.
- Youth should bring their Bibles to every meeting. Youth are encouraged to bring an offering.

"Refuge" is a group of youth who are Developing Dynamic Disciples for Christ.

What does this mean?

Refuge is a place to create community for our Jr. High Students and their friends. We aim for a faith that is alive and active now and will weather the storms of life.

How?

Worship: Love God More

Weekend Services (Check out christlamesa.org for times).

Connect: Love People More

Refuge 1st and 3rd Friday of the month. Includes Games, bible study, small groups, service, and worship.

Learn: Love to Know More

Confirmation, every Sunday Morning 9:25 to 10:15.

Serve: Love More People -

Organized and Impromptu service opportunities to those in our community.